How can you help us?

- The purpose of the Carlisle Care Home Team is to improve the quality of health care for residents in nursing and residential homes within the Carlisle Locality.

- We aim to proactively identify any potential health issues, therefore we need your help and support in providing us with as much relevant information as possible, such as medical history, and any acute problems or patient specific concerns, this includes new residents and those that have been recently discharged from hospital.

- In order to conduct medication reviews, our pharmacist will require an accurate record of current medication, a recent nutritional assessment, any acute problems or concerns, and if recently discharged, as much information from the hospital as possible.

- We aim to work with you, your residents and their family or carers to discuss future care where there are concerns, and to develop personalised end of life and emergency care plans, communicating these to the appropriate agencies as necessary.
Introduction

During 2012/13 and 2013/14 the practices of Carlisle Locality have attempted to improve the level of care we provide our patients who live in Care Homes, by doing Care Plan reviews. However, practices recognise that increasing demand upon GP services often results in care home residents being visited by doctor on call services. The Team will support the key objective of NHS Cumbria Clinical Commissioning Group (CCG) to improve the care and experience of residents in the homes.

As clinicians we aim to work alongside you and your teams to help care for residents, and fill you with the confidence to deliver the highest standard of care possible. We are looking to evaluate if the Carlisle Home Care Team will help to do this. We will be exploring:

- How we use pharmacy input to improve the use of medicines through medication reviews.
- Unnecessary anti-psychotic prescribing.
- How feasible is it to review new residents and those that are discharged from hospital within a given timescale.
- How we can introduce personal end of life and emergency care plans.
- What steps we can take to improve the experience of individuals in care homes and their families.

- Proactive care, considering what we can do to reduce harms and identify any potential health issues.
- How we can reduce the number of unplanned GP care home visits.
- The steps we can take to reduce unnecessary hospital admissions and A&E attendances.
- How the introduction of a specialist lead nurse can enhance the care of patients.