Seems to think: No matter how small the change, 'Stop & Watch' Talks or Communication can be a sign that a person is becoming confused, tired or depressed.

Overall Low energy levels can point to infection or deterioration in medical condition.

Needs more help Participating less in activities Pain (new or worsening) lack of appetite

Lack of appetite changes in eating habits

Fidgety Not wanting to move

No bowel movement in 3 days or diarrhoea

Monitor using a hydration chart

Drank less

Different to usual

Communicates less

Communicating can be hazy, hard to follow

Low energy levels can point to infection or deterioration in medical condition

Non-verbal clues:
- Elegantly
- Agitated
- Not wanting to move

No bowel movement in 3 days or diarrhoea

Changes in eating habits

Monitor using a hydration chart

Drank less

Stop

Participating less in activities Pain (new or worsening) lack of appetite

Lack of appetite changes in eating habits

Fidgety Not wanting to move

No bowel movement in 3 days or diarrhoea

Monitor using a hydration chart

Drank less

Different to usual

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Low energy levels can point to infection or deterioration in medical condition

Non-verbal clues:
- Elegantly
- Agitated
- Not wanting to move

No bowel movement in 3 days or diarrhoea

Changes in eating habits

Monitor using a hydration chart

Drank less
EARLY WARNING TOOL

If you have identified an important change while caring today, please circle it below and discuss it with the nurse/supervisor before the end of your shift, or talk to your health lead.

Name of resident: ____________________________
Staff: ____________________________
Reported to: ____________________________
Date: ________ Time: ________

Weight change
- Losing weight without trying
- More or less than usual

Agitated or more nervous than usual
- Fidgety
- Aggressive
- Tearful
- Withdrawn

Tired
- Weak, confused or drowsy

Change in skin
- Colour or condition

Help with walking, transferring or toileting
- More than usual

Rashes & yellowing of skin or eyes

Stool Chart

Type 1
Separate hard lumps, like nuts

Type 2
Sausage-shaped but lumpy
Like a sausage but with cracks on its surface

Type 3
Like a sausage or snake, smooth and soft

Type 4
Soft blobs with clear-cut edges (passed easily)

Type 5
Fluffy pieces with ragged edges, a mushy stool

Type 6
Watery, no solid pieces

Type 7
Entirely liquid

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Recognising Deterioration Early Warning Tool

Carers can spot the signs