

WORKING TOGETHER GROUP  
NOTES OF THE CHILDREN'S WORKING GROUP

Thursday 21 June 2018

Council Chamber, Allerdale Borough Council, Allerdale House,  
Workington, Cumbria, CA14 3YJ

Present: Nicola Jackson (NJ) (**Chair**)  
Kieron Bradshaw (KB) (**Notes**)  
Julie Clayton (JC)  
Ian Hinde (IH)  
Sara Jones (SJ)  
Lindsey Ormesher (LO) (**by phone**)  
Robin Powell (RP)  
Georgina Ternent (GT) (**by phone**)

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CWG/059 **Agenda Item 1: Welcome and apologies**

NJ welcomed everyone to the meeting.

Apologies were received from Eleanor Hodgson, Julie Clayton, Richard Metcalf, Viv Stucke, Sue Hannah, Ella Cullen and Deb Lee.

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CWG/060 **Agenda Item 2: Notes from the last meeting and Action Log**

The notes were agreed as an accurate record of the meeting (pending Lindsey Ormesher being added to the list of apologies for that meeting).

The group worked through the Action Log and updated it accordingly (see updated document attached).

18/004 – An update was given by LO. It was advised that a system was in place for the dissemination of public health alerts, and that a flowchart was being developed to show which internal organisations were responsible for sharing the messages with whom as messages are cascaded. It was noted that the process changes dependent on the level of the alert being cascaded.

Discussion was held following a recommendation that a process be put in place to ensure that personal data was removed from messages and alerts before they were shared. It was advised that alerts were shared as official documents, and that staff with appropriate understanding of data protection were in control of these documents.

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**FURTHER ACTION:** LO to check if a process could be put in place where alerts were checked by Communications colleagues to ensure they are safe (in terms of data protection/IG) before sharing them. It was noted a process would need to be established to do this in a coordinated way.

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**CWG/061 Agenda Item 3: Update on key engagement contacts - grid updates**

**ACTION:** It was agreed that the following contacts would be added to the engagement grid:

- Shackles Off Cumbria
- Local Young Farmers Group
- Carol Woodman

Discussion was held about how the grid would be used by the group. It was noted that it may be used when cascading alerts to organisations, as discussed in Action Number 18/006. It was also agreed that the group could use the list as a resource to identify groups and people that could be involved in future projects that the group works on.

**ACTION:** Information about the Asthma Pathway to be sent to the contacts on the engagement grid, to ensure that they are aware that everyone with asthma should have asthma plan. Also share the link to the video produced about asthma and staying active.

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**CWG/062 Agenda Item 4: Feedback on the three priority areas identified**

**i. Prevention**

An update was given to the group following the recent Healthy Weight Summit, advising what actions were now taking place to take work forward. This included work to plan communications, such as campaigns, and collaboration with Leeds Beckett University who have identified Cumbria as one of their pilot sites for work.

It was noted that work needed to be done to create an overall steering group for Cumbria to ensure that work could be managed countywide, and that wider engagement work could be done, for example to include schools and community groups.

**ACTION:** When an October meeting date for the Healthy Weight Follow Up Summit has been identified, LO will share this with KB to circulate to the group.

**ACTION:** LO to share an action summary from the Healthy Weight

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Summit with KB, to circulate to the group.

It was noted that this group were keen to identify actions to do that would contribute to prevention work. The group discussed potential areas where they could help, including housing issues and work to ensure parents knew how to cook healthy meals.

Enable communities to use what is already there. Remodelling early childhood and 0-19 early help services. Built into re-commissioning of those models. Are university looking at that too? (Leeds) they are looking at whole system.

Discussion took place about work being done to enable families to access parks and play, particularly where they do not live near parks or other areas of recreation and don't drive. It was noted that the group may be able to support this work by engaging people.

There was an update on the social prescribing work, which was discussed at the meeting on 17 May 2018. It was advised that a meeting with GPs had taken place to start scoping the work, and that a workshop would be taking place in July to look at what the needs are and what will work.

It was noted that the Royal College of GPs had announced that they would be looking at ways that they could work with parkrun UK.

**ACTION:** KB to add '0-19 Update' to the agenda for the next meeting. LO will provide the update, and it was noted that feedback from the group on where they are at with engagement would be appreciated.

An update was given on the NHS70 parkrun event that took place earlier in the month. It was advised that more people attended parkrun events across the country than expected, and that it had resulted in more people signing up to parkrun. It was advised that Whitehaven will have their first parkrun soon.

## ii. The Whole System Asthma Pathway

It was agreed that as work on the whole system asthma pathway was now complete it could be taken off of the agenda. It was noted that the work was a great example of what the Childrens group have achieved as work with schools had come on leaps and bounds, and it was a great success of encouraging whole system change.

**ACTION:** KB to share link to the Asthma Pathway, and work associated with it, with the group.

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### iii. SSPAU/Inpatient Ward

An update was given and it was advised that the SSPAU was still running on phase 2 at both units (West Cumberland Hospital and Cumberland Infirmary). It was noted that to move to phase 3 and 4, which involves opening over weekends, there would need to be more nursing staff.

There was an update that the SSPAU working group is in the process of reviewing the SSPAU units on each site, based on 32 standards that are used to review SSPAUs. It was noted that as the SSPAUs were running alongside an inpatient wards they met a lot of the standards by default. Areas that may require work included IT systems, and referral and discharge.

Conversation took place about potential challenges around transfers of children from West Cumberland Hospital to Carlisle. It was noted that there was a need to ensure parents to understand when the transfer was acceptable. Part of the difficulty of this was that the clinical decision was variable between staff and would always be case by case and dependent on individual circumstances. It was noted that work was being done on communications to families, which would include simple messages about issues, and myth busting where appropriate. There was a concern that members of the public think that a child is transferred to Carlisle because it makes it easier for the health staff, and that this is not the case and so needed to be explained.

#### **Children and Young People Fifteen Step Challenge**

NJ shared information about the scheme, advising that the Fifteen Step Challenge was similar to a peer review and involved children going to a ward or care area, accompanied by an adult, and giving their first impressions and suggesting changes. Examples of changes from other areas that have adopted the Fifteen Step Challenge included lowering signage on doors to a child's height, and changing advertising on the walls.

It was recommended that this be a new project for this group to work on, and that members could help to find children to participate in it.

Following conversation there was a suggestion that the Challenge be broadened to incorporate the five senses, for example getting feedback on the smell of the ward and the taste of the food.

There was conversation about how the scheme could be applied to other areas; for example, get children to visit sports centres and parks and give feedback. It was noted that this would be a good way of getting children

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and young people to think about their health and care at an early age.

Discussion took place about how to get a group of children to participate in the Challenge. It was noted that it would need to be children who haven't used the service before, as it is about first impressions.

Possible groups identified included Moor Close sixth form, the Youth Council in Woodhouse (Suzanne Wilson from UCLan supports), and the People First children's group.

**ACTION:** GT, IH and Robin Powell agreed to contact children's groups they think may be interested in being involved in the Fifteen Step Challenge, and ask them to contact Nicola Jackson if they are interested.

It was noted that Nurse Practitioners could be asked if they would like to be 15 Steps Coordinators.

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**CWG/063 Agenda 5: Links to other groups and feedback to Working Together Steering Group**

Conversation was held about work on digital technology, and how this group could possibly link into that to engage children and young people in service.

There was discussion about projects where low frequency networks were used to send messages to let organisations know when a task needed to be done, for example in Allerdale public bins sent messages when they were full and needed to be emptied. Work was being done to apply this thinking to other areas, and it was noted that work could be done to think how it could be applied to children and young people's services.

It was noted that Deb Lee would be able to give an update in the future on work to reduce the number of children being transferred to Newcastle with Kidney problems, by using remote working.

It was agreed that key points would be picked out from minutes of previous meetings to feed back to the Working Together Steering Group, at the meeting on 11 July 2018.

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**CWG/064 Agenda Item 6 : Any Other Business**

Brief discussion took place about a Starting Well group, which addressed topics such as breast feeding, domestic abuse and alcohol abuse. It was noted that it may be useful for this group to link into some of the work as it linked with maternity and midwifery services.

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**Agenda Item 8: Dates and times of next meetings**

Date and venue for the next meeting to be confirmed.

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