

WORKING TOGETHER GROUP
NOTES OF THE CHILDREN'S WORKING GROUP
Thursday 13 September 2018
Ann Burrows Thomas Centre, Workington

Present: Eleanor Hodgson (**Chair**) (EH)
Sophie Birkett (SB), from CYA – attending on behalf of Cath
Clark and Russell Madams
Julie Clayton (JC) (**Notes**)
Ellen Cullen (EC)
Ann Glazebrook (AG)
Sue Hannah (SH)
Nicola Jackson (NJ)
Richard Metcalf (RM)
Viv Stucke (VS)

CWG/065 **Agenda Item 1: Welcome and apologies**

NJ welcomed everyone to the meeting.

Apologies were received from Deb Lee and Georgina Ternent.

CWG/066 **Agenda Item 2: Notes from the last meeting and Action Log**

The notes were agreed as an accurate record of the meeting.

The group worked through the Action Log and updated it accordingly (see updated document attached).

CWG/067 **Agenda Item 3: Update on key engagement contacts**

No further contacts to add but happy to add as and when.

Nicola talked about making sure we use the children's and young people's reference group via CVS 3rd Sector Network.

Importance of using trusted routes and making meaningful contact.

CWG/068 **Agenda Item 4: Update from Cumbria Youth Alliance about emotional resilience work with young people**

Want to reduce number of referrals into service and have a project run by young people developing peer mentors to build emotional resilience.

6 week programme – targeting young people with higher needs i.e., Learning Disability, mental health issues or a NEET not in education or employment – through a programme of sporting activities, mindfulness sessions, money advice and asked them what they wanted to focus on and then including activities such as karting

67% of those young people felt they had improved. 83% increase in confidence.

Supporting young people who had very low self-esteem who felt excluded, not listened to.

This involves a community project.

We talked about linking with 3rd sector and private sector to raise awareness of project and how they can be involved and the sort of things young people want and can be commissioned.

EH – links to emotional health board chaired by Colin COX DPH

RM – links with Active Cumbria, working with big employers

JC – what response from private sector – sporting activities ie bowling. JC talked about working with companies for sustainable funding and workforce involvement
JC offered to share info about the project through staff news

EH – this type of community work is great... it shouldn't be medicalised, link in with projects like Kooth,

Viv – mentioned the charity On Side – Youth Zone

RM – need a workforce that can do a bit of everything

ACTION: Sophie will share the presentation with Julie and we will share it around the group and the wider group. Sophie will share some information about the project so Julie can share it with NHS staff.

CWG/069 **Agenda Item 5: Feedback on the three priority areas identified**

i. Prevention

Healthy weight – do we lead on it or link in with PHE group. Feeling that we link in and provide a connection.

ii. The Whole System Asthma Pathway (update from completed work)

NJ update on work that has grown around asthma pathway. Paul been very creative and keep spreading it out NJ shared info about the London Week 38 campaign.... Data shows surge in cases in week 38 so we linked with that. Information has been sent to ALL schools about statutory requirements..... asthma register, individual asthma plan and that schools now can provide medication. Pilot training in schools in Eden to give teachers confidence to support children with asthma. Work in the community with children discharged with asthma from acute to GPs, work with pharmacists.

iii. SSPAU/Inpatient Ward

Patient experience questionnaires for children and young people doesn't differentiate between SSPAU and inpatient so we're trying a new series of questions set by work with children and coproduced with staff. NJ will go back to questions to make sure they aren't overwhelming. They are linked to the 32 standards for SSPAUs nationally. Then we'll need to test them and improve them with children. ie pilot for 3 months.

VS - go back a step and involve children. NJ says yes we'll look at testing them with children and families.

EC – what is short stay? – EH explained it is in and out in the day

AG – overnight admissions – handled as a usual emergency (no changes at the moment)

VS – any update on staffing? EH explained better locum staffing at the moment making it more stable. In terms of substantive consultants – 1 recruited in the last 2 years. Better than it was. Looking at staffing with fresh people and fresh ideas.

iv. 15 Steps Challenge

NJ explained where it had come from, how it is used for to review wards NCUH have used them for a couple of years, and using them across specialities and use it as a peer support tool.

It was an adult-led tool and involved staff but not children. Now a tool to do this involving children and young people.

HW and Ian from Allerdale and Georgina from Copeland to link up groups of young people. Need for MH group. JC suggesting linking with Sophie at CYA to see if any of the young people who have been through that resilience programme and want to work on community projects could link up and young people could be involved in that 15 Step challenge.

CWG/070 **Agenda 6: Links to other groups and feedback to Working Together Steering Group and Building Health Partnerships**

JC gave update on Building health partnerships and the Working Together Steering Group.

CWG/071 **Agenda Item 7 : Any Other Business**

Info about the children's commissioner report highlighted the links with LSCB (and adults SAB)

AG concerns around early help experience. EH encouraged her to provide feedback to the service any challenges experienced

EC Countryfile on BBC 1 on Sunday night talked about the impact of losing a parent on children and young people.

CWG/072 **Agenda Item 8: Dates and times of next meetings**

The group agreed the following dates for future meetings (venues to be confirmed):

- Thursday October 18
 - Thursday November 29
 - Thursday January 17
-