

WORKING TOGETHER GROUP
NOTES OF THE CHILDREN'S WORKING GROUP
Thursday 29 November 2018
Council Chamber, Allerdale Borough Council, Allerdale House,
Workington, Cumbria, CA14 3YJ

Present: Eleanor Hodgson (**Chair**) (EH)
Kieron Bradshaw (KB) (**Notes**)
Julie Clayton (JC)
Ellen Cullen (EC)
Ian Hinde (IH)
Nicola Jackson (NJ)
Claire King (CK)
Lindsey Ormesher (LO)
Viv Stucke (VS)

CWG/082 **Agenda Item 1: Welcome and apologies**

EH welcomed everyone to the meeting.

Apologies were received from Deb Lee, Sue Hannah and Anne Glazebrook.

CWG/083 **Agenda Item 2: Notes from the last meeting and Action Log**

The notes were agreed as an accurate record of the meeting.

The group worked through the Action Log and updated it accordingly (see updated document attached).

18/004 – it was confirmed that a mechanism was in place dictated by Public Health England for cascading health alerts. The action was closed.

18/019 – Action was closed as LO would be giving an update on childhood obesity later in the meeting.

18/020 - Action was closed as LO would be giving an update later in the meeting.

18/023 – This would be covered later in the meeting. Ongoing as the 15 Steps Challenge will be arranged for February 2019.

18/026 – Action closed as Anne Shephard has been invited to attend the meeting

in January.

18/027 – Action closed as item has been added to agenda for rise in infant mortality.

18/028 – Action closed as Claire King was at the meeting to give a presentation.

18/029 – There was discussion of who from Allerdale Borough Council would be appropriate to invite to a future meeting to discuss how child health is factored into planning. IH has spoken to colleague involved in change of local plan/policy and they are happy to attend a future meeting. It was noted that it would be appropriate to invite someone who links with the Health and Wellbeing Board. It was recommended that the group thinks about where else it may be appropriate for the person/people to give talks.

18/030 – Action completed.

18/031 – Action completed.

18/032 – Action completed.

18/033 – Action completed.

CWG/084 Agenda Item 3: Update on key engagement contacts

There were no new engagement contacts to add.

CWG/085 Agenda Item 4: The three priority areas identified:

i. Prevention

To be covered later in the agenda.

ii. SSPAU/Inpatient Ward

EH gave a short update, noting that the service was progressing well in general, and the SSPAU at West Cumberland Hospital had started to operate nine-to-five opening hours. It was advised that operating hours were a little longer at the Cumberland Infirmary as they had more doctors to support it

There was brief conversation about the happiness of the SSPAU staff and it was noted that the signs seemed to be positive so far as good care was being delivered. However, there was no conclusive feedback.

NJ advised that work was being carried out to see if more could be done in

terms of patient experience. Following a question about the questionnaire designed to gather feedback from patients and their families/carers using the SSPAU, it was advised that this was in the Ward Managers' work programme to be issued in the near future.

It was noted that both Children's and Maternity services had been given a 'Good' rating in the CQC report following a visit to North Cumbria University Hospitals NHS Trust (this was an improvement for maternity services).

iii. Children and Young People 15 Steps Challenge

Short conversation took place. It was noted that there were plans to do the 15 Steps Challenge in February, as it may not be appropriate/convenient to do it over Christmas. Further updates will follow at a future meeting.

CWG/086 Agenda Item 5: Health and Wellbeing Strategy

Claire King (Consultant in Public Health, Cumbria County Council) gave a presentation on the draft Health and Well Being Strategy (2019 – 2029), which was being consulted on; the presentation focused on what the Strategy meant for children in North Cumbria.

Brief conversation took place about the MMR vaccine to protect against measles, mumps and rubella. It was noted that although uptake rates were now good, there was increase in the prevalence of measles being seen in some communities which was linked to the MMR controversy that took place 20 years ago.

A concern was noted about the issue of fake news messages that spread on social media, causing anti-vaccine attitudes.

It was advised that increasing the uptake of the flu vaccine was the priority at the moment, as uptake was currently low. Conversation then ensued about barriers to accessing the flu vaccine. These included: people only able to get appointments during work time; and information sent about the vaccine not being understandable for people with particular conditions, for example learning disabilities. It was noted that overcoming some of these barriers may be an opportunity for co-production. It was also advised that Public Health tended to know what the barriers were, but hadn't been able to carry out the work to overcome them to date.

It was noted that there was a correlation between deprivation and uptake of the flu vaccine.

There was brief discussion of offering screening programmes for more conditions, in addition to the three main cancer screening programmes (bowel, cervical and

breast), and Abdominal Aortic Aneurysm (AAA) screening.

Following a discussion of childhood obesity there was a recommendation that the message changes to focus on number of people getting fitter, rather than always looking at the number of children who are overweight.

There was discussion of the heavy use of internet on smartphones, and the effects (both negative and positive) of this on children. There were concerns shared about the negative affects on physical activity levels that extensive use of smart phones creates, along with the sedentary lifestyles that result from people being on their phones all the time and not talking to each other. However, it was also noted that appreciating that this was how a lot of young people now lived their lives meant that social media could be a useful tool to reach children and young people, and also how they communicate and ask for help.

It was noted that there was currently limited data available relating to the effects of the use of social media. It was advised that there may be some data gathered by a Barnados survey, around 5-19 year olds, and that this could be shared to feed into the Health and Wellbeing Strategy.

ACTION: NJ to share Julie Fletcher's (Barnados) contact details with CK, to try and get raw data.

It was noted that the 'Digital five a day' was a good tool to promote messages to parents and children about what they could be doing to live a healthy lifestyle.

It was noted that it would be a positive thing for the Working Together Group to influence the Health and Wellbeing Strategy, and it was agreed that a response to the consultation be done as a group.

ACTION: KB to share the link to the consultation information with the Working Together Steering Group, noting the deadline to give feedback of the end of January, and asking for comments to be sent to JC to be drawn together. KB will also share CK's presentation with the group, making it clear that it focused on what the Strategy meant for children in North Cumbria.

CWG/087 Agenda Item 6: Rising infant mortality - summary of the RCPCH report

The item was deferred to a later meeting, when Deb Lee would be able to attend and give an update.

CWG/088 Agenda Item 7: Update on obesity, health and wellbeing strategy and 5-19 services

LO gave a presentation, which included a briefing on how issues and causes of

obesity were identified, and what data had been gathered. There was an overview of what was being done to address issues.

It was noted that it would be useful to invite Georgina Ternent to give a talk at a future meeting about what work she is involved with to address obesity issues (engagement with schools, etc.).

ACTION: KB to share a link to the 5-19 newsletter on Cumbria County Council's website, which highlights work being done at the moment.

There was discussion around the issue of there being lots of mixed messages nationally about healthy living, meaning it was difficult for people to know what advice to follow; for example, advice on how many steps to do each day, or what programme to use to lose weight. It was noted that it would be good to think about how the group could influence this from a local level.

There was a comment that the phrase 'digital parenting' may give the wrong message about what was appropriate.

It was highlighted that 0-19 processes were going to be reprogrammed and that services were due to be recommissioned in January 2020. It was noted that there would need to be wide consultation to gather feedback from parents, children and stakeholders ahead of this.

ACTION: LO to have a slot on the agenda of a future meeting to ask for feedback.

CWG/089 Agenda Item 8: Links to other groups and feedback to Working Together Steering Group

A brief update was given about the Building Health Partnerships work taking place, focusing on stroke services. It was highlighted that there was a hope to get more people involved in this work.

It was highlighted that the next Working Together Steering Group would take place on Wednesday 5 December, 18.00 to 20.00 at the Oval Centre in Salterbeck.

CWG/090 Agenda Item 10: Any other business

There was a suggestion that the group reflects on the work it has carried out so far, and thinks about whether it could be doing other tasks and engaging more people. There was a concern that the wider public was currently missing from the work, and that the group could be co-producing solutions with the community.

CWG/091 **Agenda Item 10: Dates and times of next meetings**

The next meeting will take place on Thursday 31 January (was Thursday 17 January 2019), 10.30am to 12.00pm, at Conference Room, NHS North Cumbria CCG Offices, Ann Burrow Thomas Health Centre, South William Street, Workington, CA14 2EW.
