

WORKING TOGETHER STEERING GROUP
NOTES OF THE CHILDREN'S WORKING GROUP

Thursday 31 August, 13.00

Ann-Burrow Thomas Health Centre, South William Street,
Workington, CA14 2EW

Present: Eleanor Hodgson (**Chair**) (EH)
Eve Atkinson (EA)
Kieron Bradshaw (**Notes**) (KB)
Anne Glazebrook (AW)
Sandra Guise (SG)
Sue Hannah (SH)
Ian Hinde (IH)
Nicola Jackson (NH)
Sara Jones (SJ)
Deb Lee (DL)
Richard Metcalf (RM)
Richard Pratt (entered during agenda Item 4) (RP)
David Rogers (DR)
Viv Stucke (VS)
Georgina Ternent (GT)
Charlotte Thompson (CT)

CWG/001 **AGENDA ITEM 01: Introduction and apologies**

EH welcomed everybody to the meeting.

CWG/002 **AGENDA ITEM 02: Aims of the meeting**

EH gave an introduction and highlighted to the group the meaning of co-production, which had been agreed for use by the Working Together Steering Group. EH also presented slides to give a reminder of the decisions around children's health services that were made by NHS Cumbria Clinical Commissioning Group's Governing Body on 8 March 2017. It was noted that having the patient segments in Child Health set out as they were in the slides was useful, as it showed where particular pieces of work fitted in.

ACTION: Discussion was held about the membership of the group and it was noted that it would be beneficial to have input from the Strengthening Families Team, part of Cumbria Partnership NHS Foundation Trust. EH to approach Helen to invite

members to future meetings.

CWG/003 **AGENDA ITEM 03: What should the Group cover?**

Discussion took place around the workshops and groups that already existed that were relevant to children's services.

Following this, the group went through each of the Patient Segments In Child Health, detailed in the presentation, and listed groups and current pieces of work that could link into each. The groups and work identified included:

- Barnardos
- Work carried out by Public Health through libraries, which included lots of children's activities
- Links into schools
- Ongoing work on mental health and wellbeing; subgroup to link with
- Playgroups/childcare settings
- Infrastructure within council
- Open Space
- Group around autism
- Jigsaw – children's part of Eden Valley Hospice
- Diabetes support group

Information can be acquired from feedback and surveys that the providers of services carry out; there is also work carried out by Healthwatch around young people, and some feedback that Cumbria Youth Alliance carried out for the CCG that can be used.

ACTION: The group agreed to identify which groups link to which segments, and also identify gaps. This will be pulled together by EH and discussed at next meeting

Discussion was held regarding the importance of feedback from service users. In particular it was highlighted that very important pieces of work often came from feedback, where particular issues had been given attention and needed to be rectified. It was noted that it would be particularly important to ensure that people who can give valuable feedback are signposted to places where they can do it effectively, and that communication was key to this.

Conversation was held regarding how any data gathered would be used. It was noted that the group would need to ensure that the information was constructively used, identifying recurring themes, etc. A concern was raised about difficulties that arise due to capacity, particularly when there is a vast amount of feedback and data, as there wouldn't be time to process it all and ensure it was used. It was recommended that the data be collated and assigned to which segment it linked to, and then the group could split into smaller teams to analyse

this.

ACTION – Identify how data can be gathered and themed at next meeting

CWG/004 **AGENDA ITEM 04: Priorities of the Group**

Discussion was held about the priorities of the group.

The group highlighted that one priority was **Prevention**. This would include working with the community to educate and make cultural changes in order to make improvements to services. In particular this work would look at asthma services, and prevention of issues that currently exist there. The work would also look at making the location attractive to live and work, as this would ensure that services were sustainable; and it was noted that improvements to services achieved through work with the community would be a good advert for the area. Discussion was held regarding work that was being done by public health to get children active and eating well. It was noted that existing work included healthy food and exercise programmes at schools. GT shared the following information about the Phunky Foods programme that Public Health had been working on:



PhunkyFoods
Marketing Flyer 2017

Following the meeting RM shared the following links to provide information about the Sparkstart 100 Challenge initiative and the Primary School Sport Premium:

- <http://www.activecumbria.org/peschoolsport/primary-school-sport-premium/>
- <http://www.activecumbria.org/peschoolsport/spark-start/>

ACTION: Conversation was held about work that could be done with schools, such as promoting exercise in schools to prevent obesity. It was noted that work could be done to identify ways that Public Health could link with Governing Bodies of schools to ensure that issues were fed back to them, and then monitored for improvement. GT to pick up.

It was agreed that another priority for the group would be to work with communities to develop **children's hubs**. It was noted that some pilot hub work was already underway, for example in Brampton and Workington, and much more work was needed to help service users to shape the services they need. This work is linking to maternity hubs too.

It was agreed that another priority was to look at how service users influence how **Short Stay Paediatric Assessment Units** work, and what they feel like.

It was noted that the asthma work that had been identified in the group's priorities had already been undertaken in Newcastle, and so information could be shared so that similar approaches could be adopted in North Cumbria.

CWG/005 AGENDA ITEM 05: How do we feed today's work into the Working Together Steering Group?

Discussion was held and it was agreed that GT would feed information back to the Working Together Steering Group about what work had been done by the Children's Group, and that EH would help to gather what should be included.

CWG/006 AGENDA ITEM 06: Date and time of next meeting

Discussion took place regarding how often the group should meet. It was agreed that meetings should be regular in order to maintain momentum, and so every four-to-six weeks would be appropriate.

Discussion also took place about who would Chair the meetings going forward. It was recommended that this role could be supported by a convener, in order to help with capacity issues and to make the group more collaborative.

ACTION: SH to ask volunteers at Healthwatch if they would like to get involved and take up convener role in the group.

It was agreed that the next meeting would take place on Thursday 28 September, in the morning (specific time and venue to be confirmed).
