

The Mental Health Crisis Care Concordat is a national joint statement published by the Government and signed by senior representatives from organisations committed to improving mental health care. In addition to listing a set of core principles, the document includes a national action plan agreed by the organisations who have signed the Concordat.

Each region has committed to the national agreement by signing a local declaration and developing a country-wide action plan. This is Cumbria's declaration, formally agreed during December 2014:

The Cumbria Declaration on improving outcomes for people experiencing mental health crisis.

We, as partner organisations in Cumbria, will work together to put in place the principles of the national Concordat to improve the system of care and support so that people in crisis because of a mental health condition are kept safe. We will help them to find the help they need – whatever the circumstances – from whichever of our services they turn to first.

We will work together to prevent crises happening whenever possible, through intervening at an early stage.

We will make sure we meet the needs of vulnerable people in urgent situations, getting the right care at the right time from the right people to make sure of the best outcomes.

We will do our very best to make sure that all relevant public services, contractors and independent sector partners support people with a mental health problem to help them recover. Everybody who signs this declaration will work towards developing ways of sharing information to help front line staff provide better responses to people in crisis.



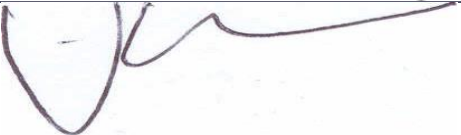
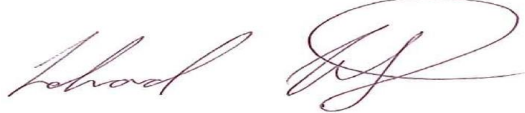
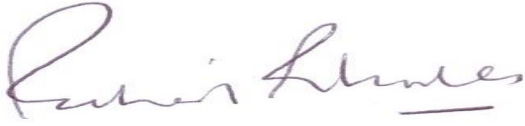


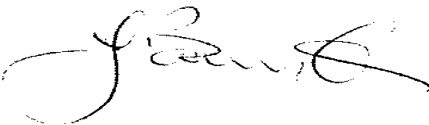
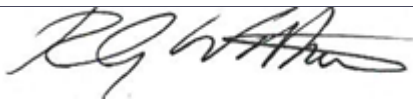
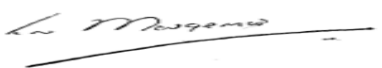
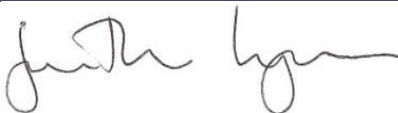
We are responsible for delivering this commitment in Cumbria by putting in place, reviewing and regularly updating the attached action plan.




This declaration supports 'parity of esteem' (see the glossary) between physical and mental health care in the following ways:

- Through everyone agreeing a shared 'care pathway' to safely support, assess and manage anyone who asks any of our services in Cumbria for help in a crisis. This will result in the best outcomes for people with suspected mental health problems, provide advice and support for their carers, and make sure that services work together safely and effectively.
- Through agencies working together to improve individuals' experience (professionals, people who use crisis care services, and carers) reduce the likelihood of harm to the health and wellbeing of patients, carers and professionals.

- By making sure there is a safe and effective service with clear and agreed policies and procedures in place for people in crisis, and that organisations can access the service and refer people to it in the same way as they would for physical health and social care services.
- By all organisations who sign this declaration working together and accepting our responsibilities to reduce the likelihood of future harm to patients, carers, staff and service users or the wider community and to support people's recovery and wellbeing.

We, the organisations listed below, support this Declaration. We are committed to working together to continue to improve crisis care for people with mental health needs in Cumbria.

| Signed By | On Behalf of |
|---|--|
|  | Cumbria Clinical Commissioning Group (Nigel Maguire – Chief Executive) |
|  | Cumbria County Council (Councillor Beth Furneaux – Cabinet Member for Health and Care Services) |
|  | Cumbria Constabulary (Jerry Graham – Chief Constable) |
|  | British Transport Police (Superintendent Edward Wylie) |
|  | Office of the Police and Crime Commissioner (Richard Rhodes – PCC) |
|  | Cumbria Partnership NHS Foundation Trust (Dr Andrew Brittlebank – Medical Director) |
|  | North Cumbria University Hospitals NHS Trust (Ann Farrar – Chief Executive) |
|  | University Hospitals of Morecambe Bay NHS Foundation Trust (John Bannister – Deputy Chief Operating Officer) |
|  | North West Ambulance Service (Bob Williams – Chief Executive) |
|  | Cumbria Health on Call (Neil Margerison – Medical Director) |
|  | Cumbria 3rd Sector Forum (Jonathan Ingram – Chief Officer MIND, South Lakes) |

| | |
|---|--|
|  | Greater Manchester West Mental Health NHS Foundation Trust (Gill Green - Director of Nursing and Operations) |
|  | Cumbria, Northumbria, Tyne and Wear Strategic Clinical Network (Dr Mike Prentice - Acting Area Director) |
|  | National Probation Service, Cumbria (Sarah Ward – Director of Operations) |

Glossary of terms used in this declaration

| | |
|------------------------------------|--|
| <p>Concordat</p> | <p>A document published by the Government.</p> <p>The Concordat is a shared, agreed statement, signed by senior representatives from all the organisations involved. It covers what needs to happen when people in mental-health crisis need help.</p> <p>It contains a set of agreements made between national organisations, each of which has a formal responsibility of some kind towards people who need help. It also contains an action plan agreed between the organisations who have signed the Concordat.</p> <p>Title: Mental Health Crisis Care Concordat – Improving outcomes for people experiencing mental health crisis Author: Department of Health and Concordat signatories Document purpose: Guidance Publication date: 18th February 2014</p> <p>Link: https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/281242/36353_Mental_Health_Crisis_accessible.pdf</p> |
| <p>Mental health crisis</p> | <p>When people – of all ages – who present with mental distress that is likely to put the person (or other people) at risk.</p> |
| <p>Parity of esteem</p> | <p>Parity of esteem is when mental health is valued equally with physical health.</p> <p>If people become mentally unwell, the services they use will assess and treat mental health disorders or conditions on a par with physical illnesses.</p> <p>Further information: http://www.england.nhs.uk/ourwork/qual-clin-lead/pe</p> |

| | |
|-----------------|--|
| Recovery | <p>One definition of Recovery within the context of mental health is from Dr. William Anthony:</p> <p>"Recovery is a deeply personal, unique process changing one's attitude, values, feelings, goals, skills, and/or roles.</p> <p>It is a way of living a satisfying, hopeful, and contributing life.</p> <p>Recovery involves the development of new meaning and purpose in one's life as one grows beyond the catastrophic effects of psychiatric disability" (Anthony, 1993)</p> <p>Further information http://www.imroc.org/</p> |
|-----------------|--|