

Recovery Project Group Cumbria Mental Health Transformational Programme

In Partnership with
Service
Users and Carers





Objectives

Agree the project description- what are we setting off to do

Expectations- individual and as a project group

Be clear about what do we need to do

Identify who we need to help us

Agree first set of tasks- who will do

Simplify the project speak and process

Agree when we need to meet

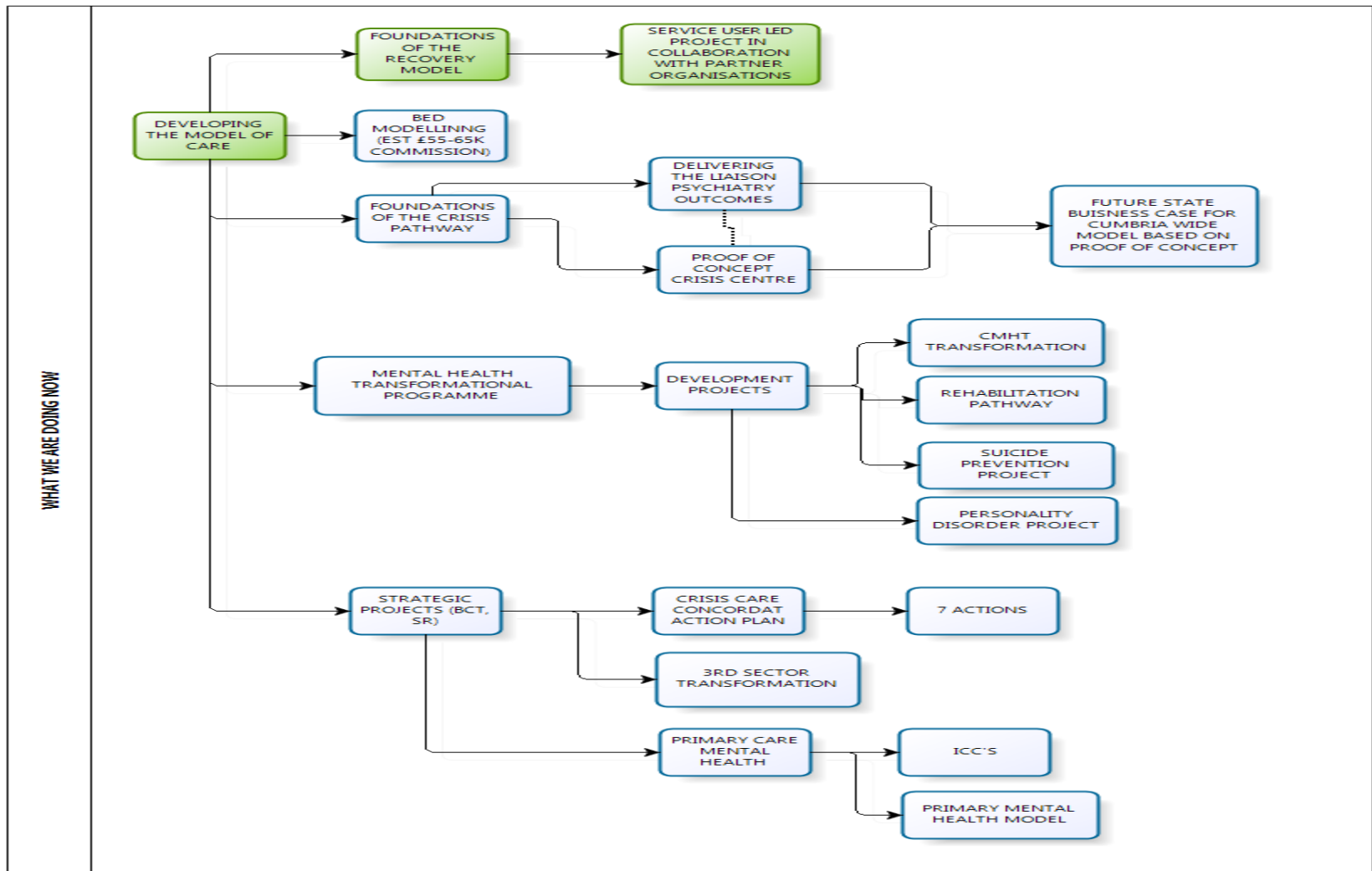


Table top review...

<p>Name it: Recovery Project</p>	<p>Sponsor: Janice Horrocks Process Owner: Chair of service user and carer forum</p>
<p>A. Our problem to be solved Service users have identified through the development of the Mental health Strategy that recovery is not a linear process and this is shared with the principle provider of mental health services.</p> <p>There needs to be a clear set of principles which assist the recovery focus and minimise the impact on service users particularly where financial impact occur.</p> <p>We need to ensure that all mental health services across Cumbria work to promote, facilitate and enable people living with mental health problems to have the best outcomes whilst in recovery.</p> <p>The focus of the work will ensure that recovery is not an exit strategy but an organic and iterative process to maintain a person's wellbeing over potentially a long period of time</p>	<p>B. Outcomes/benefits A Cumbria Mental Health Recovery checklist with supporting information (product)</p> <p>A survey to elicit service user views about how the services they use support their individual recovery (product)</p> <p>Access to mental health services for a continuum of support which is always available and not only at the beginning of the recovery process</p>
<p>C. Our approach to the work/project</p> <p>Led by the Service User and Carer Forum with support from partners in the mental health partnership group and supports the work being undertaken in the Health and Wellbeing system in Public health.</p> <p>There are positives and negatives with the status quo and a well-designed survey of service user view's will inform the development of the principles and support resilience.</p> <p>Draw on what has been developed locally and nationally in respect of recovery – capture and identify best practice</p> <p>Devise the Recovery Checklist, quality standard framework, in consultation with service users and service providers Devise the associated survey and pilot it Include current state position from all stakeholders and establish the approach for the first project meeting and understanding the current position.</p>	<p>D. Barriers we may encounter and how we will overcome them</p> <p>A detailed risk management framework will be supported by the Mental Health PMO with reporting and communication back to the MHPG</p> <p>Engagement of the wider service user and carer groups</p> <p>Time and capacity to deliver, so links with wider MH community and other stakeholders through other Service user groups will be incorporated into the plan.</p> <p>Administrative support will be in a host organisation but the design of the questionnaire will be fully inclusive of all organisations and service user groups.</p> <p>E. How we will review and share learning Engagement log will be formulated Lessons learned log will be completed Analyse recommendations and action plan the outcomes from the questionnaire</p>
<p>F. What support we needed, and who was involved Project Management Support CLIC Supported by the full governance framework set out in the Mental Health transformational programme Links with CPFT development projects through project lead (Jacqui McConville)</p>	<p>G. immediate Next steps Establish the project group to reflect the Mental Health Programme requirements- Feb 16 Hold the first project meeting toward the end of February Progress report to MHDG –July 16 Monthly highlight reports to the PMO Completed outcomes from questionnaire – July 16 Report to support commissioning intentions- September 16</p>

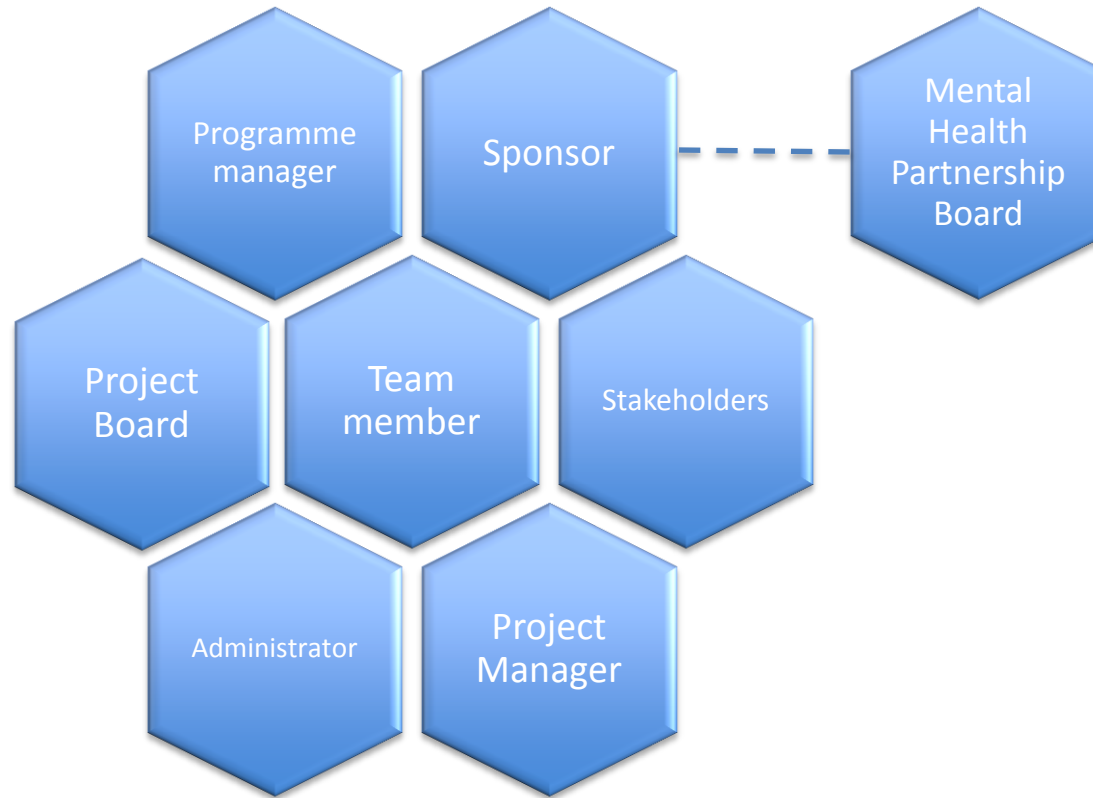
Where it fits...

In Partnership with
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Roles

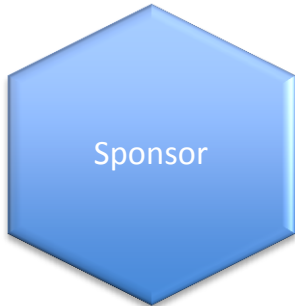




Roles explained...specific to our work



The Project Manager ensures that the project is delivered on time, to budget and to the required quality standard (within agreed specifications). Ensures the project is effectively resource and manages relationships with a wide range of groups (including all project contributors).



The person who commissions others to deliver the project and champions the cause throughout the project. They will normally be a senior member of staff with a relevant area of responsibility that will be affected by the outcome of the project.

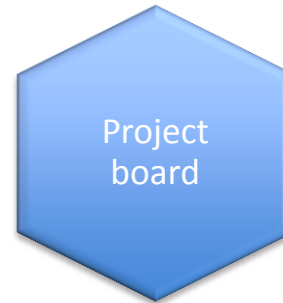


Those who actively work on the project, at some stage, during the lifetime of the project. Some may have a specific role or some tasks to complete.



A person, group or organisation that has interest or concern in our project.

Stakeholders can affect or be affected by the project actions, objectives and products.



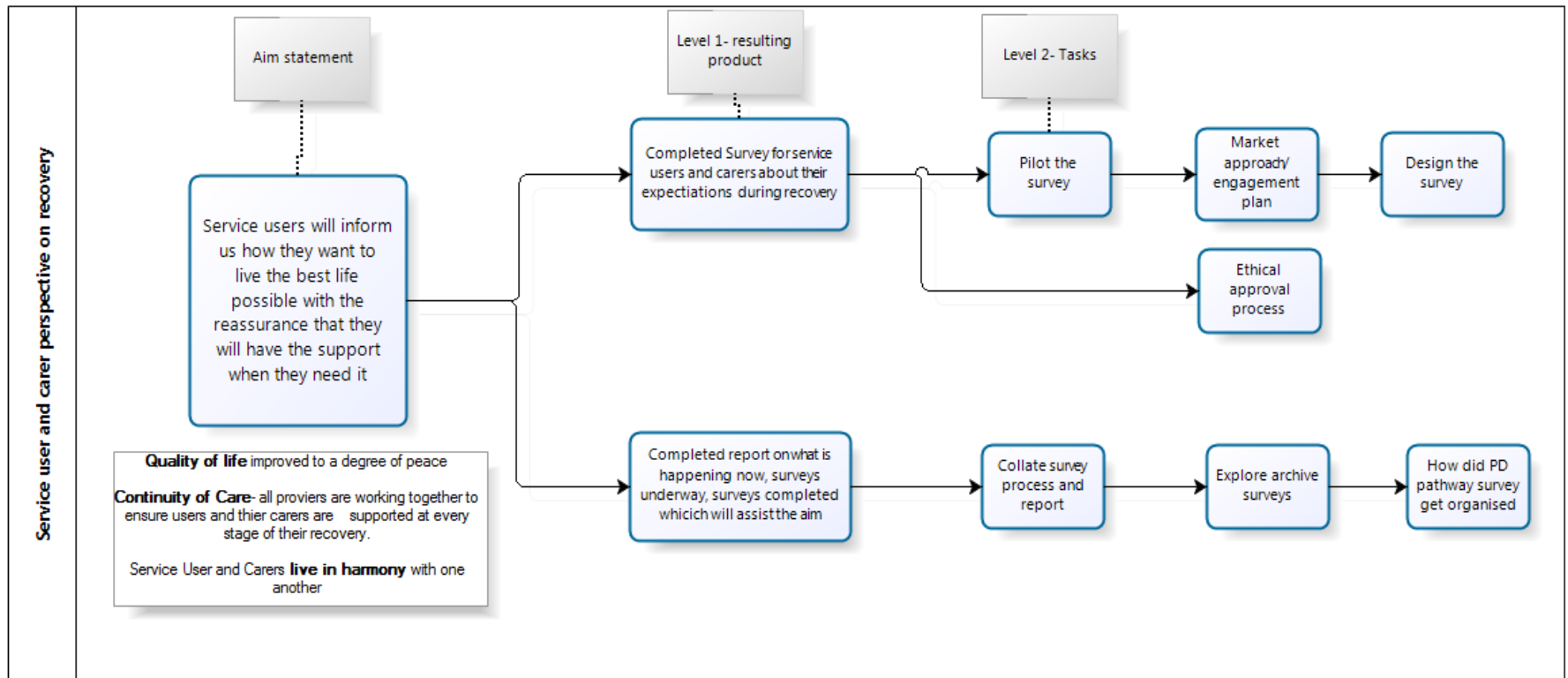
This group, will help us oversee the project, is responsible for overseeing the progress of the project and reacting to any **project** problems.



This group, normally containing management grade personnel across all the organisations, is responsible for overseeing the progress of the project and reacting to any **strategic** problems.

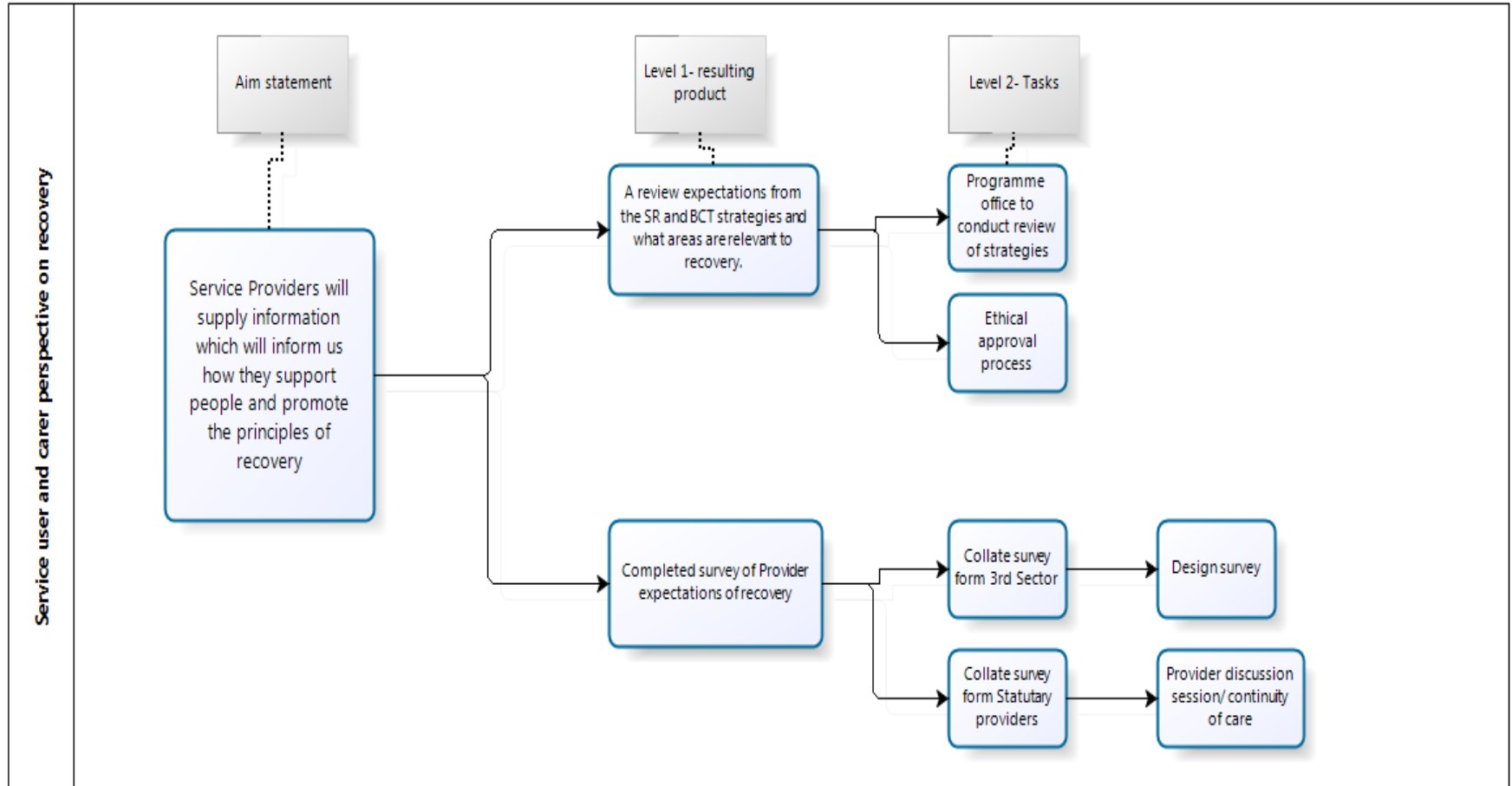


Driver diagram 1 *Service user and carer perspective on recovery*



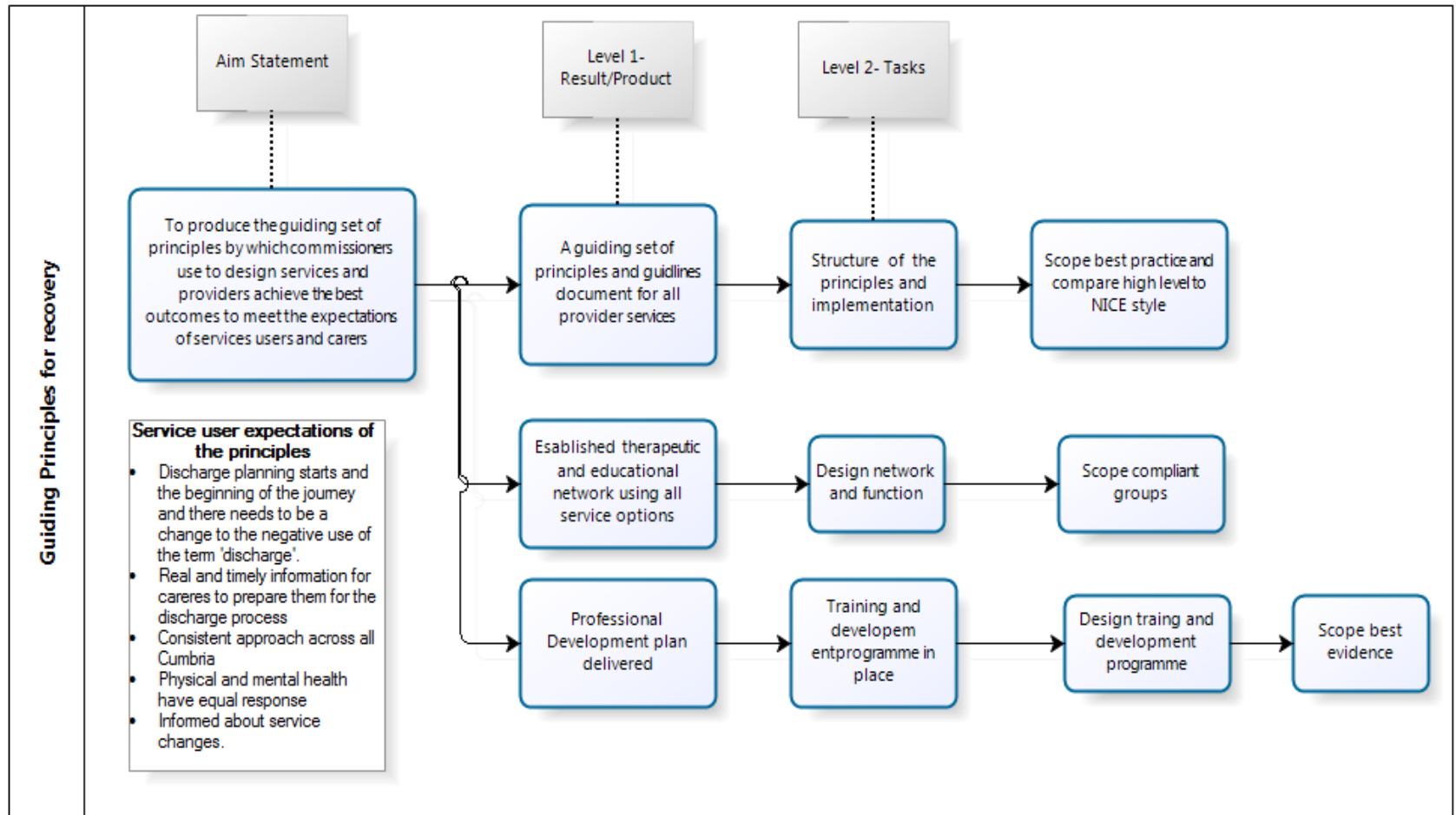


Driver diagram 2 - *Wider stakeholder perspective on recovery*





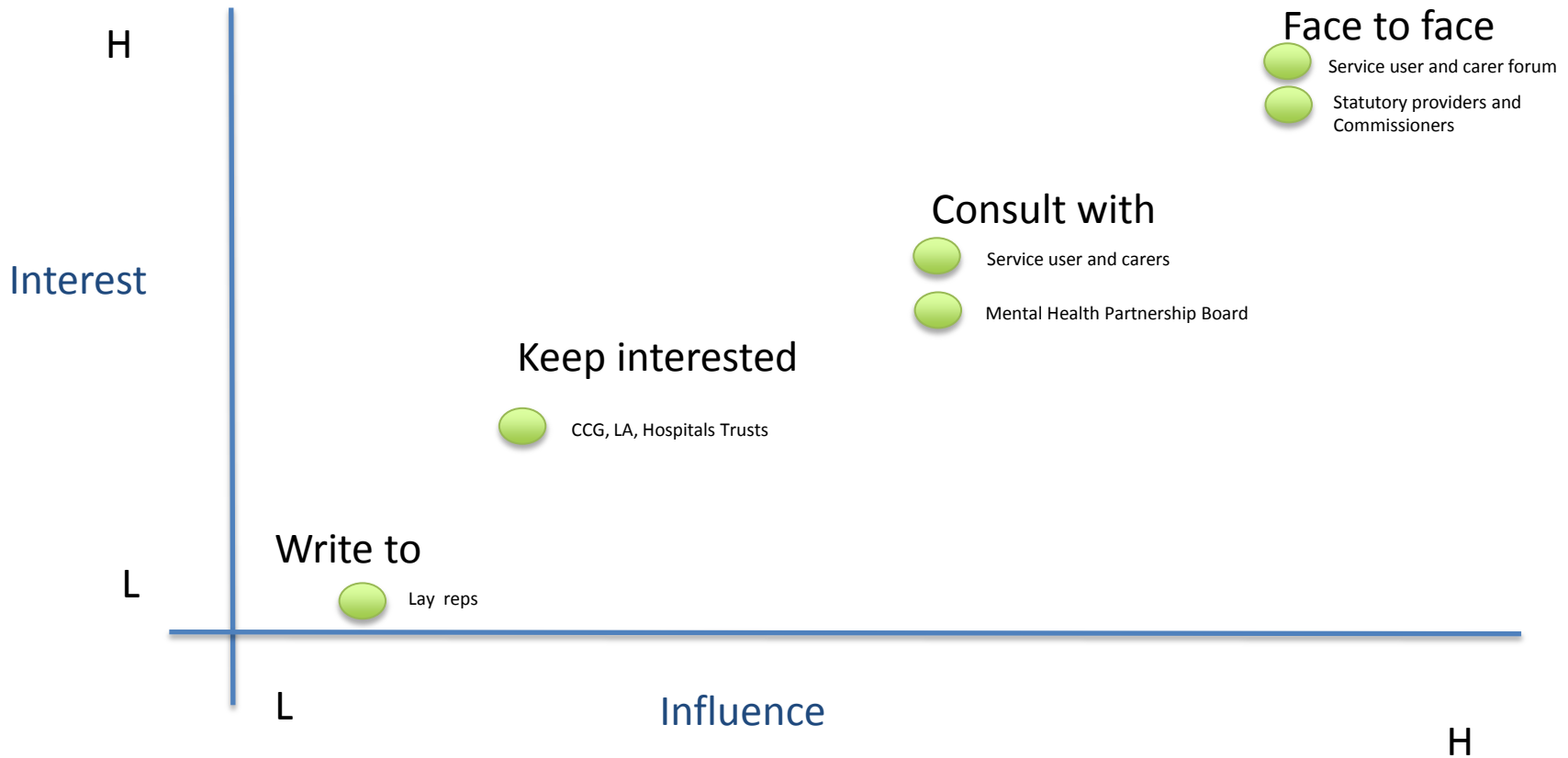
Driver diagram 3- Guidelines and checklist development





Who do we need???

Stakeholder mapping





What's next...

Agree actions and next steps...

Action description	By who & when
1- All to prepare for the next session and have thoughts on the following; <ul style="list-style-type: none"> • What recovery means to us • How can we prioritise the levels of importance 	All
2 –Circulate the notes and diagrams to the group members unable to attend	Gary
3- Agreed the next session to be 6 th June in Kendal at Enterprise House.	6 th June
4- Consider the stakeholder map and identify others we need to include (pg10).	All
5-Next session to concentrate on the planning and design of the Survey to service users and carers	All