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# KENDAL PEOPLE URGED TO HELP DESIGN AND RUN THEIR LOCAL SERVICES

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## KENDAL PEOPLE URGED TO HELP DESIGN AND RUN THEIR LOCAL SERVICES

Posted on Friday 11th March 2016

Kendal people can get involved in the design and running of their local health and social care services at a public community event next week.

The event takes place on Thursday 17 March between 6pm and 8pm at the Quaker Meeting House on Stramongate.

The meeting is being arranged so members of the Kendal community can get involved with health professionals to make the town a happy and healthy place to live by setting up an Integrated Care Community.

Light refreshments will be provided and the meeting will explore the ways the public can help design and run their local services.

Members of the public who attend will hear from members of the Millom Alliance, an organisation set up by members of the community in Millom to ensure health services are designed with the population.

Also attending will be public health expert Mike Conefrey, who will join with local GP Dr Richard Russell for the evening.

"An Integrated Care Community (ICC) is a team of patients and public, health and social care professionals & third sector organisations that work together to address the care needs of a community," said Dr Russell.

"Other communities within the Morecambe Bay area have already held public events. For example in Carnforth volunteers have trained to become health trainers, a community choir has been formed and schools in the area have launched a Let's Get Moving programme.

"In Millom, the local community joined together to help advertise for GPs which resulted in attracting applications to the area. They have also begun a community volunteer scheme.

"We don't want to make assumptions – we want people to come along and get involved in the design and running of your local health and social care services."

Dr Hugh Reeve, Clinical Chair for Cumbria Clinical Commissioning Group said: "As we move forward with Better Care Together, our plan for the future of NHS services across the area, integrated care communities will play a vital role in shaping the services for their populations. We therefore want as many people as possible to get involved."

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