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## Lead Nurse retires

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### Lead Nurse retires

Posted on Tuesday 22nd March 2016

One of Cumbria's most senior nurses retires this month.

Laura Carr is the lead nurse for quality and safety for NHS Cumbria Clinical Commissioning Group (CCG) and clinical director for mental health and learning disabilities.

She joined the CCG in 2013 and before that had worked in Cumbria, the North East, Manchester and Leicester clocking up 35 years of nursing.

During her time with the CCG she established the Mental Health Partnership which involves patients, their families and carers in shaping future services.

Laura said: "One of the things I have enjoyed while working in this role is being able to focus on quality rather than just meeting targets. Working in partnership with Cumbria County Council the Quality team has established a scheme which spots the early warning signs and then provides a rapid response to nursing homes in difficulty in Cumbria."

Laura has worked with other NHS teams supporting patients who require continuing health care. "It's part of the job which can involve very complex cases, with much of the work carried out behind the scenes, but can be incredibly rewarding when we are able to ensure people are getting the right care in the right place."

Laura has also worked on promoting the recording of patient experience through I Want Great Care. <https://www.iwantgreatcare.org/> She has also helped establish links with other mental health teams and learning disabilities clinical networks across the north east.

She added: "There are some fantastic nurses in Cumbria and it has been an honour to work with them."

Laura intends to spend time travelling after she retires.

Posted on Tuesday 22nd March 2016


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